



HAWKE'S BAY POVERTY BAY REGIONAL WINTER SHORT COURSE CHAMPIONSHIPS

8th – 10th AUGUST 2025

**HAWKE'S BAY REGIONAL AQUATIC CENTRE
25M – 10 LANE POOL**

VISITORS MOST WELCOME TO RACE - VISITOR CONDITIONS APPLY

8 th August 2025	9 th August 2025	10 th August 2025
Session 1 - Fri PM	Session 3 - Sat AM	Session 5 - Sun AM
Warm Up–12 noon Start – 1pm	Warm Up–7am Start – 8am	Warm Up-7am Start – 8am
10&U 4x50 Med Relay (Mixed)	10&U 4x50 Free Relay (Mixed)	200 Fly (T/F)
50 Fly (H)	12&U 4x50 Free Relay (M & F)	50 Free (H)
200 Free (T/F)	100 Free (H)	100 Breast (H)
100 IM (H)	200 IM (T/F)	50 Back (H)
200 Breast (T/F)	100 Back (H)	6x50 Free (2 x 12&u, 2 x 15&u, 2 x Open) Relay (M & F)
15&U 4x50 Med Relay (M & F)	50 Breast (H)	1500 Free (T/F)
	100 Fly (H)	
	Open 4x 50 Free Relay (M & F)	
	800 Free (T/F)	
Session 2 - Fri PM - 2	Session 4 - Sat PM	Session 6 - Sun AM - 2
Racing Starts approx. 1hr after Session 1	Warm Up– 3.30pm Start – 4.30pm	Racing Starts approx. 1hr after Session 5
12&U 4x50 Med Relay (M & F)	100 Free (F)	50 Free (F)
400 IM (T/F)	100 Back (F)	100 Breast (F)
50 Fly (F)	50 Breast (F)	50 Back (F)
200 Back (T/F)	400 Free (T/F)	HBPB Draft Relay – Selected Teams
100 IM (F)	100 Fly (F)	
Open 4x50 Med Relay (M & F)	15&U 4x50 Free Relay (M & F)	

Team Managers must attend the team manager meeting prior to the start of all sessions, and any other meetings notified. Team manager guidelines will be circulated prior to the meet.

As per the HBPB Swimming Rules a **\$50 protest fee will apply. ONLY Team managers can approach those in the control room, and/or make protests.**

Please note – **Live Timing – Meet Mobile/Swimify Results are not necessarily official results.**

**PRIZEGIVING AT CONCLUSION OF MEET FOR HBPB SWIMMERS
ALL MEDALS/RIBBONS CIRCULATED DURING THE MEET**

HBPB WINTER CHAMPIONSHIPS QUAL TIMES (MALE)

EVENT	AGE GROUP					
	11/U	12	13	14	15	16+
50 FR	NT	00:41.0	00:37.5	00:36.0	00:34.5	00:33.0
100 FR	NT	01:27.0	01:19.0	01:16.0	01:12.0	01:09.0
200 FR	NT	03:10.0	02:53.0	02:47.0	02:40.0	02:30.0
400 FR*	NT	06:00.0	06:00.0	06:00.0	05:15.0	05:15.0
800 FR*	NT	12:30.0	12:30.0	12:30.0	12:00.0	12:00.0
1500 FR*	NT	23:30.0	23:30.0	23:30.0	22:30.0	22:30.0
50 BK	NT	00:45.0	00:42.0	00:39.0	00:38.0	00:37.0
100 BK	NT	01:39.0	01:32.0	01:25.0	01:23.0	01:21.0
200 BK	NT	03:35.0	03:22.0	03:07.0	03:02.0	02:58.2
50 BR	NT	00:49.0	00:46.0	00:44.0	00:42.0	00:40.0
100 BR	NT	01:47.0	01:41.0	01:36.0	01:32.0	01:28.0
200 BR	NT	03:55.0	03:42.0	03:31.0	03:22.0	03:12.0
50 FL	NT	00:49.0	00:42.0	00:38.0	00:36.0	00:35.0
100 FL	NT	01:47.0	01:32.0	01:23.6	01:19.0	01:17.0
200 FL*	NT	03:00.0	03:00.0	03:00.0	02:45.0	02:45.0
100 IM	NT	01:36.0	01:26.0	01:24.0	01:22.0	01:20.0
200 IM	NT	03:31.0	03:09.0	03:04.0	03:00.0	02:56.0
400 IM*	NT	06:45.0	06:45.0	06:45.0	06:20.0	06:20.0

* Two age groups only 14/U and 15/O

HBPB WINTER CHAMPIONSHIPS QUAL TIMES (FEMALE)

EVENT	AGE GROUP					
	11/U	12	13	14	15	16+
50 FR	NT	00:43.0	00:39.0	00:38.0	00:37.0	00:35.0
100 FR	NT	01:30.0	01:23.0	01:19.0	01:16.0	01:13.0
200 FR	NT	03:18.0	03:02.6	02:53.8	02:47.2	02:49.0
400 FR*	NT	06:30.0	06:30.0	06:30.0	05:45.0	05:45.0
800 FR*	NT	13:15.0	13:15.0	13:15.0	12:45.0	12:45.0
1500 FR*	NT	26:30.0	26:30.0	26:30.0	25:30.0	25:30.0
50 BK	NT	00:48.0	00:44.0	00:42.0	00:40.0	00:39.0
100 BK	NT	01:44.0	01:36.0	01:32.0	01:28.0	01:25.0
200 BK	NT	03:45.0	03:30.0	03:20.0	03:13.0	03:05.0
50 BR	NT	00:52.0	00:48.0	00:46.0	00:44.0	00:42.0
100 BR	NT	01:52.0	01:45.0	01:41.0	01:36.0	01:32.0
200 BR	NT	04:05.0	03:51.0	03:42.0	03:31.0	03:22.0
50 FL	NT	00:50.0	00:46.0	00:42.0	00:40.0	00:39.0
100 FL	NT	01:50.0	01:40.0	01:32.0	01:28.0	01:25.0
200 FL*	NT	03:25.0	03:25.0	03:25.0	03:10.0	03:10.0
100 IM	NT	01:40.0	01:30.0	01:27.0	01:24.0	01:22.0
200 IM	NT	03:40.0	03:18.0	03:11.0	03:05.0	03:00.0
400 IM*	NT	07:00.0	07:00.0	07:00.0	06:30.0	06:30.0

* Two age groups only 14/U and 15/O

MEET CONDITIONS

- ❖ All swimmers must be **registered financial 2025-2026 SNZ Competitive Swimmers.**
- ❖ The meet will be conducted under the rules of World Aquatics, SNZ and local conditions, with the right to alter the programme and limit entries if required.
- ❖ All participants must agree to comply with the sports anti-doping rules.
- ❖ Para swimmers are eligible to compete under IPC Swimming rules. Para swimmers will be seeded amongst able bodied athletes based on entry times for heats and timed finals.
- ❖ Meet will be swum Short Course (25m) in a 10-lane pool. Starts are over the top, except for finals.
- ❖ Scratchings and Protests – the HBPB Scratching Rule and the HBPB Protest Rule applies and will be enforced. Team Managers to be aware of these rules.
- ❖ Officials/Timekeepers – A roster will be circulated with club allocations based on swimmer numbers.
- ❖ Enquiries to Sue Hewitt swimhpbp@gmail.com

Entries (via SNZ Database):

- Age – as at 8th August 2025
- **Individual Entry Fee - \$14.00 per individual event.**
- **Individual Entries Close – Midnight Sunday 3rd August 2025**
 - Short Course Times (converted accepted). Times since 1st January 2024. NT accepted.
 - Late entries (emailed to swimhpbp@gmail.com) will be accepted up until 12 noon Monday 4th August 2025 but will incur a late entry fee of \$20 per entry - in addition to the meet entry fee.
NO OTHER LATE ENTRIES WILL BE ACCEPTED.
- **Relay Entry Fee - \$18.00 per relay.**
- **Relay Entries Close – 12 noon Monday 4th August 2025.**
- There are **Qualification Times for those aged 12 years and over.**

Individual Events:

- All events will be swum as separate gender – male and female.
- Heats and finals will be held for the 50 and 100 events, with finals and awards in the following age groups:
 - 10 and under, 11, 12, 13, 14, 15 and 16 & over
- 200, 400, 800 and 1500 events will be swum as timed finals, and awarded as follows:
 - 200 events (except 200 Fly) - 10 & under, 11, 12, 13, 14, 15, and 16 & over.
 - 200 Fly, 400, 800 & 1500 events - 14 & under, and 15 & over.
- **800 and 1500 Freestyle limited to Top 20 Male and Top 20 Females.** Any swimmer that does not make these events will be given the opportunity to enter another event.
- **3 visitors maximum in each final, unless there are empty lanes in the final, in which cases more visitors can swim.**
- Swimmers must swim the heat to be eligible for finals.

Relays:

- **All relays have a male and female event** – Except for the Draft Relay.
- Draft Relay conditions to be circulated separately to HBPB Clubs.
- No medals/ribbons.
- Trophies for all relays except the 6 x 50 male and female relays. Trophies awarded to HBPB Clubs only, but all relays apart from the Draft Relay open to all clubs (including visitors).
- Relay names to be entered by the end of the session prior (except for Session 1 where they must be in by the end of warm up).

Awards:

- HBPB Swimmers - Medals for 1st, 2nd, and 3rd. Ribbons for 4th, 5th, and 6th.
- Visitors Ribbons for visitors that place 1st, 2nd and 3rd.
- Age groups for medals and ribbons – As specified in event conditions.
- No age group or team points/awards and no Team Trophies.

Team Points

- **Individual Events**
 - Points awarded as follows - 1st - 20, 2nd - 15, 3rd - 12, 4th - 8, 5th - 6, 6th - 5, 7th - 4, 8th - 3, 9th - 2, 10th - 1
 - 12 and under – Top 6 swims awarded only.
 - 13 and over – Top 8 swims awarded only.
- **Relay Events**
 - Points awarded as follows - 1st - 40, 2nd - 30, 3rd - 24, 4th - 16, 5th - 12, 6th - 10, 7th - 8, 8th - 6, 9th - 4, 10th - 2
 - 10/u and 12/u relays (12 and under) and 15/u and Open relays (13 and over).

Team Trophies – HBPB Clubs only.

- Team Trophies Awarded
 - Helen Twisleton Trophy – Top 12 and Under Points (Top 6 Swims per Swimmer)
 - Hunter Aggregate Trophy – Top 13 and Over Points (Top 8 Swims per Swimmer)
 - Hutchinson Memorial Club – Top Club – Combined Junior and Senior

Special Award:

- Heretaunga Cup – Awarded to the HBPB swimmer with highest FINA points swim at the meet.



HBPB SWIMMING RULES **WITHDRAWALS DISQUALIFICATIONS AND PROTESTS**

❖ **Withdrawals During Meet- HBPB Swimming Scratching Rule**

- The HBPB Swimming scratching rule may apply to Withdrawals.

For Finals

- Competitors wishing to withdraw from finals events shall do so in writing through their Team Manager and lodged with the Recorder/Control Room within the following times:
 - For finals swum in the same session as heats, within 30 minutes of the written posting of the list of finalists for that particular event.
 - For finals to be swum at a later session, within 30 minutes of the written posting of the list of finalists for the last event swum at the heat session.

Penalty Finals

- Any competitor not having withdrawn as required and who does not compete in the finals event shall be deemed a late withdrawal, except where there are medical reasons or proved hardship, and shall be debarred from competing in their next individual event.
- When a Club team is a late withdrawal, that Club shall be debarred from competing in the next team event for which that Club has entered.

Medical Scratching for Finals

- A medical certificate is necessary. For medical reasons, a swimmer can scratch up to 15 minutes before a session starts (not warm up) but must scratch for all of that session. If taken ill during a session a swimmer must scratch for the rest of that session.
- The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed.
- If within the advertised time frame, complete the form for each swimmer (if the scratching is for all events, then one form will suffice). If it is for individual or selected events, then multiple forms must be written. Never put multiple swimmers on the same form even if scratching from the same event.

❖ **Disqualifications & Protests – HBPB Swimming Protest Rule**

- Protests are possible if the rules and regulations of the competition are not observed, or against the decisions of the referee, however, no protest shall be allowed against decision of fact.
- Protests must be submitted in writing to the referee by the authorised team manager **with a fee of \$50 within 30 minutes following the formal publishing of results.**
- All protests shall be considered by the referee. If the referee rejects the protest, they must state the reason for their decisions. If the protest is rejected, the fee will be forfeited to HBPB Swimming. If the protest is upheld the fee will be returned.
- As per FINA rules and SNZ guidelines, if the Referee does not accept the protest, the club has the ability to request the Jury of Appeal to consider the protest. At this time, the Meet/Technical Director will convene the Jury of Appeal and chair the discussions, advise the Referee and the Club Manager of the outcome of the Jury.